

Tampa Alumnae Chapter, Delta Sigma Theta Sorority, Inc.
Young Chef's Showcase
Saturday, May 7, 2011
Allen Temple A.M.E. Church
Applicant Submission Form

Thank you for volunteering to participate in the Young Chef's Showcase hosted by the Tampa Alumnae Chapter of Delta Sigma Theta Sorority, Inc. We are delighted that you would like to serve as a featured young chef at this event. Please note that the purpose of this showcase is as follows:

PURPOSE

The purpose for the activity is to:

1. Increase youth exposure to food variety
2. Improve sense of self efficacy in nutritious food preparation
3. Build understanding of nutrition through hands on exploration and experimentation
4. Educate the public on healthy eating and nutritious recipes

ENTRY RULES:

The contest is open to recipe creations of youth aged 7 to 15 (the young chef). The young chef entering the contest **MUST** be accompanied by a parent or guardian aged 18 years of age or older. The deadline for entry is **APRIL 30, 2011**. **Relatives of the Judging panel are not eligible for cash prize consideration.**

(a) Entries can be submitted to the Tampa Alumnae Chapter of Delta Sigma Theta Sorority, Inc. via email.

Sorority e-mail address INFO@DSTTA.COM

(b) Recipe should appeal to children. This recipe should be easy for children to prepare with minimal adult assistance. The recipe **must be health conscious** in considering the ingredients **or** the way in which it is prepared. The recipe can be for breakfast, lunch, dinner, or a snack. The young chef must be prepared to explain his/her creation and what makes it healthy to a panel of judges. In this regard, healthy can be regarded as low fat, low sodium, minimal calories, low sugar, high in fiber, unprocessed foods, etc.

Once this submission form has been received and reviewed, all parties will receive a detailed outline of the program. Please be sure to complete ALL information on this form.

Name of Young
Chef: _____

Age: _____

School: _____

Parent/Guardian accompanying young chef on day of the
event: _____

Contact phone number
(required): _____

Contact email address
(required): _____

As the Parent/Guardian of "Young Chef" _____, I grant permission for _____ to participate in Tampa Alumnae's "Young Chef's Showcase" and agree to accompany him/her at the event. I hereby release, waive, discharge the Tampa Alumnae Chapter of Delta Sigma Theta Sorority, Inc., its officers, servants, agents and employees from any and all liability, claims, demands, actions, and causes of action whatsoever arising out of or relating to any loss, damage or injury that may be sustained by _____ or me. I will allow "Young Chef" _____ to be photographed for the sole intent to market/advertise the event in the future and to maintain a visual record of his/her participation.

All electronic submissions must be received by **April 30, 2011**. Please direct any questions to: INFO@DSTTA.COM
Applicant submissions will only be accepted electronically; no mailed submissions will be accepted.