


# March

2020

## Sisterhood Month

Tampa Alumnae Chapter, Delta Sigma Theta Sorority, Inc.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 UNITE with <b>SISTERS</b> for <b>WORSHIP SERVICE</b> and <b>Fellowship</b> with a DEAR over Sunday brunch.	2 <b>CALL</b> an Inactive Soror and invite her to a Sisterhood activity	3 <b>STAY FIT W/ PMH DSTTA Walk It Out</b> 6pm	4 <b>Why I Work Wednesday!</b> Post a <b>PICTURE</b> on your social media of you doing the work of Delta.	5 <b>COORDINATE</b> and <b>PLAN</b> a community service activity with your neighborhood sister group to occur later this month.	6 <b>SAY</b> a <b>PRAYER OF GRATITUDE</b> for our 22 founders, their vision and the 200,000+ sisters around the world!	7 <b>ATTEND</b> the <b>YOUTH ART EXHIBIT</b>
8 <b>CALL, VISIT</b> or <b>SEND A CARD</b> to a sick and/or shut in Soror	9 <b>MEDITATE</b> on what makes you proud to be a Delta.  <i>DSTTA Exec Board meeting</i>	10 <b>STAY FIT W/ PMH DSTTA Walk It Out</b> 6pm	11 <b>ATTEND</b> the <b>DSTTA SISTER PRAYER CALL</b> Call Time: 9:13 PM Dial-In: 712-775-7031 Code: 466-025-612	12 <b>POST</b> a Throwback Thursday <b>PICTURE</b> on social media of you and your line sisters. #SisterhoodMonth	13 <b>READ</b> the <b>Delta Oath</b> , <b>SING</b> the <b>Delta Prayer</b> and <b>REFLECT</b> on your personal commitment to DST. <b>SHARE</b> your experience with as many Sorors as possible	14 <b>POST</b> a <b>PICTURE</b> with a Soror (or of a Soror) and <b>SHARE</b> "My Soror (name) is so amazing because..."
15 <b>CONTACT</b> a DSTTA DEAR and say "I appreciate you for..."  <i>DSTTA EMBODI meeting</i>	16 <b>COORDINATE</b> and <b>PLAN</b> a social activity with your neighborhood sister group to occur later this month.	17 <b>STAY FIT W/ PMH DSTTA Walk It Out</b> 6pm	18 	19 <b>CONTACT</b> a Soror who is on active duty military (or a retired or disable veteran) and <b>EXPRESS APPRECIATION</b> for their service and sacrifices	20 <b>CONTACT</b> a Soror-Co-worker and <b>INVITE</b> her to lunch, to a movie or for a cup or coffee/tea.	21 <b>ATTEND</b> the <b>DSTTA CHAPTER MEETING TA 101 @ 8:15am</b> Bring an elephant to exchange w/ another soror.
22 <b>COORDINATE</b> a breakfast or brunch with your favorite Soror-friends. <i>DSTTA GEMS meeting</i>	23 <b>CALL</b> or text a soror with a motivational message for her week.	24 <b>STAY FIT W/ PMH DSTTA Walk It Out</b> 6pm	25 <b>CONNECT</b> with a Soror and <b>FORGIVE</b> her without needing to hear the words "I'm sorry"	26 <b>POST</b> a Throwback Thursday <b>PICTURE</b> on social media of you in your Delta 'nalia.	27 <b>STAY FIT ON YOUR OWN</b> Exercise for ½ hour with another Soror	28 <b>ATTEND</b> the <b>QUEEN OF HEARTS BALL</b>
29 <b>CONTACT</b> a Soror that you admire and <b>ASK</b> "how do you...?"	30 Show up and show out! <b>WEAR</b> your RED today	31 <b>STAY FIT W/ PMH DSTTA Walk It Out</b> 6pm	<b>THROUGHOUT THE MONTH</b> PLEASE PRAY FOR SORORS and their families; for those unemployed and underemployed; and for those dealing with illness, loss, death, divorce, domestic violence or depression.			

